It’s all NHS Care:
It’s the quality, not the building

Anne Thomas
Executive Director Linc Care
Linc Cymru

- Linc Cymru is a Registered Housing Association
- Portfolio consists of:
  - 4000 General Needs Houses
  - 7 Extra Care Schemes
  - 40 Supported Houses
  - 2 Community Nursing Homes
  - 7 Retail Units
  - 1 Social Enterprise Community Facility

- Annual Turnover is £26.8M with 400 Staff
Welsh Government Data

**Between 2012-13 and 2013-14**
- The total number of NHS beds fell by 254 (2 percent) to 11,241

**Over the ten years from 2003-04 to 2013-14**
- The total number of NHS beds fell by 2,968 (21 percent)
Care Home Capacity

In April 2015 there were 22,706 beds across Wales in 673 care homes.

• How many nurses does the 3rd sector employ?

• How many nurses does the 3rd sector need?

• How many people in Welsh Care Homes are funded/part funded by the NHS?
Workforce Education and Development Service

The aim of the workforce element of Integrated Planning is to ensure that NHS organisations have a workforce of the right size with the right skills and diversity organised in the right way within an affordable budget delivering the services needed to provide patient care to required quality standards.
Commissioning

Do you know which of the providers are not for profit?
Do you know who the providers across wales are?
The organisers of this conference did not know who we are or how to contact us

The people who plan the workforce for health for Wales do not know who we are or how to contact us
Commissioning

What does good care including Dignity, wellbeing and choice cost?

According to the data held by the Care Home Steering Group the price paid by NHS and LA is between £450 and £650 per resident per week.

How many hours of care and nursing does that buy?

What care are they receiving?
- End of Life
- Long term care
- Respite
Commissioning

- Mid-range **paid** for a nursing home bed £550 per week which equates to £92 per day
- Hospital = £190 - £300 **costs** per day.
  Mid-range £1715 per week or £245 per day
Commissioning

Spot purchasing a bed is not commissioning

Why are we talking about beds when the Social Services and Wellbeing (Wales) Act 2014 says we should be designing services around the individual?

We could plan together…if you let us in the room.

John Kennedy said ‘we all need to get our skin in the game’
Integrated Health and Social Care

- Engaged, informed individuals & carers
- Person-centred, coordinated care
- Health & care professionals committed to partnership working

Organisational & clinical processes

Commissioning

Plan -> Do
Act -> Study
Integrated Health and Social Care

Spending and costs
The costs of health and care services are not widely known. Some costs can be avoided or reduced through cost-effective public health interventions.

- £31: 10 minutes with a GP
- £114: A&E attendance
- £235: Ambulance journey to hospital
- £792: Year of telecare
- £3,283: Inpatient stay in hospital
- £10,424: Final year of life

(The King's Fund)
Engagement with the Third Sector

Under ‘General Duties’ the Social Services and Well-being (Wales) Act 2014 requires the promotion by Local Authorities of social enterprises, co-operatives, user led services and the third sector in the provision in their areas of care and support and support for carers (section 16).
Engagement with the Third Sector

How are third sector providers represented within strategic work groups?

The standard mode of inclusion and representation for the third sector is to invite someone from Care forum Wales.

Care Forum Wales membership is 166
There are 673 care homes in Wales.
Strategy

There are two clear strategies that have shaped where we are now and continue to shape the future.

• Keep people in their own home for as long as possible.

• Prudent health care – only do what only you can do.

Underpinning that is the Social Services and Wellbeing (Wales) Act 2014.
Strategy

Independent providers are used because:-
• Hospital is not the place for the elderly frail (with or without dementia)
• The NHS wants to move to a more acute or planned service
• We can expand, adapt or even build new services in a short period of time.

In fact, the independent sector can support the NHS to deliver on its strategy ...if you talk to us.

We are not in competition with the NHS
Integrated Health and Social Care

Reablement/Winter Pressures
3 month pilot scheme of 15 beds in a nursing home
38 patients, 14 days stay, successfully discharged home

Cost Savings to the NHS
For the 713 bed days that were utilised at Penylan, this would have meant a cost avoidance of beds within UHW/UHL between the figures below:
- £135,470 (713 days at £190)
- £213,900 (713 days at £300)
Thank you.

Any Questions?